



Intermediate Cruising Course Registration Form 2016

- Monday, June 20 to Friday, June 24
 - Monday, July 25 to Friday, July 29
- (Check your preference)

Name: _____ email: _____
 Address: _____ City: _____ Postal Code: _____
 Res. #: _____ Bus. #: _____ Cell #: _____
 Ont. Health Card: _____ - _____ (please include letters)
 Date of Birth: _____
 Emergency contact: _____ Relationship: _____
 Res #: _____ Bus #: _____ Cell #: _____
 Date of Birth: _____ Canadian citizen ___ Landed Immigrant ___ Neither ___

Medical Information

Do you have any of the following conditions?
 Allergies Asthma Diabetes Epilepsy Heart Problems
 Do you carry an:
 EpiPen[®] Yes No Medication type: _____
 Inhaler Yes No Medication type: _____
 Please specify and describe any allergies, medication or medical conditions you have that Sailing School Staff should be aware of, and any special precautions:

Sailing Experience

FEE: \$1000 + \$130 (13%HST) = \$1130 (Cost of provisions not included)
There is a \$50 fee for cancellation of registration.

Payment

I enclose my payment to ABYC Adult Keelboat Sailing Program in the amount of \$1130
 Cash (do not mail cash) Cheque (payable to Ashbridge's Bay Yacht Club)
 Visa MasterCard Card # _____ Exp: _____
 Direct Payment Name on Card: _____
 Signature: _____

Waiver: I waive all claims against Ashbridge's Bay Yacht Club, its employees, Directors and Members, and agree to indemnify Ashbridge's Bay Yacht Club for any claim brought on my behalf against Ashbridge's Bay Yacht Club.

Signature _____ Date _____

Please mail or fax this form to Ashbridge's Bay Yacht Club, or bring to the club in person.
 30 Ashbridge's Bay Park Road, Toronto, ON M4L 3W6, Fax 416-698-5760

PLEASE CONFIRM THAT YOU HAVE READ THE FOLLOWING

CYA/Sail Canada Basic Cruising (BCC) level is desirable but not essential.

Potential students must be able to:

- Hold all points of sail, using the crew effectively without coaching; for 5 minutes without luffing or gybing unintentionally, depending upon the point of sail.
- Dock under power, using spring lines and prop walk.
- Trim sails (Genoa and main) most effectively for the prevailing conditions and sail shape, using telltales, traveller and sheets.
- State they have practiced anchoring and heaving to and are familiar with calculating scope required for a given condition.
- State they have basic knowledge of the following: (Note all of this, with the exception of practical First Aid, will be covered ahead of time in the case of meal planning and provisioning, and on the first night in the case of radio use, emergencies and navigation)
 - navigation (Coastal Navigation is best case) using paper charts as well as GPS;
 - cooking, meal planning;
 - shipboard emergencies and standard first aid.
- Have personal PFD, approved by Transport Canada, harness and tether.

_____ (SIGNATURE)

_____ (DATE)